

At-A-Glance Contact List	Phone	Email	Website
CPG Client Services Pension, Retirement Plans & Individual Life Insurance	(866) 802-6333 Monday – Friday, 8:30AM – 8:00PM ET (877) 432-9274 (fax)	benefits@cpg.org	www.cpg.org www.cpg.org/myaccount
Medical, Dental, & Group Life/Disability	(800) 480-9967 (877) 432-9274 (fax) Monday – Friday, 8:30AM – 8:00PM ET	mtcustserv@cpg.org	www.cpg.org
Retirement Plans	Website	Phone/Hours	App
Fidelity (for the Lay Defined Contribution and Retirement Savings Plan)	www.netbenefits.com www.cpg.org/myaccount	(877) 208-0092 Monday – Friday, 8:30AM – 11:00PM ET	Net Benefits Mobile App Fidelity Investment Mobile App
Health Plans (ID Cards issued)	Website	Phone/Hours	App
Anthem Blue Cross Blue Shield Medical/Behavioral Health after 1/1/2020 (EAP administered by Cigna—see Cigna section)	www.Anthem.com	(844) 812-9207 Monday – Friday, 9:00AM – 8:00PM ET	Sydney App (formerly Anthem Anywhere Mobile App)
Cigna Medical/Dental/Behavioral Health EAP	www.cigna.com	(800) 244-6224 (24/7) Members: (866) 395-7794 (24/7) Pre-Member Info: (800) 926-2273 (24/7)	myCigna Mobile App
Aetna	www.aetna.com	(877) 238-6200	
Express Scripts Prescription Drug Benefits	www.express-scripts.com	(800) 841-3361 (24/7)	Express Scripts Mobile App

Additional Benefits	Website	Phone/Hours	App
EyeMed Vision Care	www.eyemedvisioncare.com/ecmt	Members: (866) 723-0513 Pre-enrollment: (866) 723-0596 Monday – Saturday, 8:00AM – 11:00PM ET Sunday 11:00AM – 8:00PM ET	EyeMed Members Mobile App
Health Advocate	www.HealthAdvocate.com password: <i>episcopal</i>	(866) 695-8622 (24/7)	Health Advocate Mobile App
HealthEquity (Health Savings Accounts) Debit Cards may be issued	www.healthequity.com	(866) 346-5800 (24/7)	HealthEquity Mobile App
UnitedHealthcare Global Assistance	www.members.uhcglobal.com/	(800) 527-0218 (from U.S., Canada, Puerto Rico, Virgin Islands and Bermuda) (410) 453-6330 (from all other locations, call collect) Open 24/7	m.members.uhcglobal.com
Disability Insurance	Website	Phone/Hours	App
Aflac	mygroupifedisability.aflac.com/e/s/	(800) 206-8826	