

2025 Medical Trust Health Plan	Anthem BCBS BlueCard PPO 100		Cigna OAP PPO 100		Anthem BCBS BlueCard PPO 90		Cigna OAP PPO 90		Anthem BCBS CDHP 20/HSA		Cigna CDHP 20/HSA	
0425 - Diocese of Long Island												
	Network	Out-of-Network	Network	Out-of-Network	Network	Out-of-Network	Network	Out-of-Network	Network	Out-of-Network	Network	Out-of-Networl
Annual Deductible (CDHPs have a combined medical & Rx deductible)	\$0 per person \$0 per family	\$500 per person \$1,000 per family	\$0 per person \$0 per family	\$500 per person \$1,000 per family	\$500 per person \$1,000 per family	\$1,000 per person \$2,000 per family	\$500 per person \$1,000 per family	\$1,000 per person \$2,000 per family	\$3,300 per person \$6,600 per family			
Annual Out-of-Pocket Limit	\$2,000 per person \$4,000 per family	\$4,000 per person \$8,000 per family	\$2,000 per person \$4,000 per family	\$4,000 per person \$8,,000 per family	\$2,500 per person \$5,000 per family	\$5,000 per person \$10,000 per family	\$2,500 per person \$5,000 per family	\$5,000 per person \$10,000 per family	\$4,200 per person \$8,450 per family	\$7,000 per person \$13,000 per family	\$4,200 per person \$8,450 per family	\$7,000 per person \$13,000 per family
Preventive Care												
Preventive Services & Well-Child Care	\$0 copay	50% coinsurance	\$0 copay	45% coinsurance	\$0 copay	45% coinsurance						
Physician Services Office Visit	\$30 copay	50% coinsurance	20% coinsurance	45% coinsurance	20% coinsurance	45% coinsurance						
Hospital Services												
Inpatient Services (including inpatient maternity services)	\$250 copay	50% coinsurance	\$250 copay	50% coinsurance	10% coinsurance	50% coinsurance	10% coinsurance	50% coinsurance	20% coinsurance	45% coinsurance	20% coinsurance	45% coinsurance
Outpatient Surgery	\$200 copay	50% coinsurance	\$200 copay	50% coinsurance	10% coinsurance	50% coinsurance	10% coinsurance	50% coinsurance	20% coinsurance	45% coinsurance	20% coinsurance	45% coinsurance
Emergency Room Care	\$250 copay	\$250 copay	20% coinsurance	20% coinsurance	20% coinsurance	20% coinsurance						
Ambulance Services	\$0 copay	\$0 copay	\$0 copay	\$0 copay	10% coinsurance	10% coinsurance	10% coinsurance	10% coinsurance	20% coinsurance	20% coinsurance	20% coinsurance	20% coinsurance
Behavioral Health												
Outpatient Services	\$0 copay	30% coinsurance	\$0 copay	30% coinsurance	\$30 copay	30% coinsurance	\$30 copay	30% coinsurance	20% coinsurance	45% coinsurance	20% coinsurance	45% coinsurance
Inpatient Services Other Medical Services	\$250 copay	50% coinsurance	\$250 copay	50% coinsurance	10% coinsurance	50% coinsurance	10% coinsurance	50% coinsurance	20% coinsurance	45% coinsurance	20% coinsurance	45% coinsurance
Durable Medical Equipment	\$0 copay	50% coinsurance	\$0 copay	50% coinsurance	10% coinsurance	50% coinsurance	10% coinsurance	50% coinsurance	20% coinsurance	45% coinsurance	20% coinsurance	45% coinsurance
Home Health Care (210 visits per calendar year, combined network and out-of- network)	\$0 copay	50% coinsurance	\$0 copay	50% coinsurance	10% coinsurance	50% coinsurance	10% coinsurance	50% coinsurance	20% coinsurance	45% coinsurance	20% coinsurance	45% coinsurance
Outpatient Therapy (60 visits per calendar year per each type of therapy, combined network and out-of-network)	\$30 copay PCP/\$45 copay specialist (includes speech, physical, and	50% coinsurance (includes speech, physical, and occupational)	\$30 copay PCP/\$45 copay specialist (includes speech, physical, and	50% coinsurance (includes speech, physical, and occupational)	\$30 copay PCP/\$45 copay specialist (includes speech, physical, and	50% coinsurance (includes speech, physical, and occupational)	\$30 copay PCP/\$45 copay specialist (includes speech, physical, and	50% coinsurance (includes speech, physical, and occupational)	20% coinsurance (includes speech, physical, and occupational)	45% coinsurance (includes speech, physical, and occupational)	20% coinsurance (includes speech, physical, and occupational)	45% coinsurance (includes speech, physical, and occupational)
	occupational)		occupational)	<u> </u>	occupational)	· ,	occupational)		<u> </u>			. ,
Skilled Nursing / Acute Rehabilitation Facility (60 days per calendar year, combined network and out-of-network)		50% coinsurance	\$0 copay	50% coinsurance	10% coinsurance	50% coinsurance	10% coinsurance	50% coinsurance	20% coinsurance	45% coinsurance	20% coinsurance	45% coinsurance
Urgent Care Services	\$50 copay	\$50 copay	20% coinsurance	20% coinsurance	20% coinsurance	20% coinsurance						



2025 Medical Trust Health Plan 0425 - Diocese of Long Island	Anthem BCBS BlueCard PPO 100  Pharmacy Benefits Administered by Express Scripts		Cigna OAP PPO 100  Pharmacy Benefits Administered by Express Scripts		Anthem BCBS BlueCard PPO 90  Pharmacy Benefits Administered by Express Scripts		Cigna OAP PPO 90  Pharmacy Benefits Administered by Express Scripts		Anthem BCBS CDHP 20/HSA  Pharmacy Benefits Administered by Express Scripts		Cigna CDHP 20/HSA  Pharmacy Benefits Administered by Express Scripts	
Prescription Drug Benefits	Retail	Home Delivery	Retail	Home Delivery	Retail	Home Delivery	Retail	Home Delivery	Retail	Home Delivery	Retail	Home Delivery
Annual Prescription Deductible (in-network)	None	None	None	None	None	None	None	None	\$3,300 per person \$6,600 per family (combined with medical deductible)			
Tier 1: Generic	Up to a \$10 copay	Up to a \$10 copay	Up to a \$10 copay	Up to a \$10 copay	Up to a \$10 copay	Up to a \$10 copay	Up to a \$10 copay	Up to a \$10 copay	You pay 15% after deductible			
Tier 2: Preferred Brand Name	25%; up to \$40 min / \$80 max	25%; up to \$40 min / \$80 max	25%; up to \$40 min / \$80 max	25%; up to \$40 min / \$80 max	25%; up to \$40 min / \$80 max	25%; up to \$40 min / \$80 max	25%; up to \$40 min / \$80 max	25%; up to \$40 min / \$80 max	You pay 25% after deductible			
Tier 3: Non-Preferred Brand Name	40%; up to \$80 min / \$160 max	40%; up to \$80 min / \$160 max	40%; up to \$80 min / \$160 max	40%; up to \$80 min / \$160 max	40%; up to \$80 min / \$160 max	40%; up to \$80 min / \$160 max	40%; up to \$80 min / \$160 max	40%; up to \$80 min / \$160 max	You pay 50% after deductible			
Tier 4: Specialty Rx	40%; up to \$100 min / \$200 max	40%; up to \$100 min / \$200 max	40%; up to \$100 min / \$200 max	40%; up to \$100 min / \$200 max	40%; up to \$100 min / \$200 max	40%; up to \$100 min / \$200 max	40%; up to \$100 min / \$200 max	40%; up to \$100 min / \$200 max	You pay 50% after deductible			
Dispensing Limits Per Copayment	Up to a 30-day supply	Up to a 30-day supply	Up to a 30-day supply	Up to a 30-day supply	Up to a 30-day supply	Up to a 30-day supply	Up to a 30-day supply	Up to a 30-day supply	Up to a 30-day supply (retail) or			



2025 Medical Trust Health Plan	Anthem BCBS BlueCard PPO 100  Vision Benefits Administered by EyeMed		Cigna OAP PPO 100  Vision Benefits Administered by EyeMed		Anthem BCBS BlueCard PPO 90  Vision Benefits Administered by EyeMed		Cigna OAP PPO 90  Vision Benefits Administered by EyeMed		Anthem BCBS CDHP 20/HSA  Vision Benefits Administered by EyeMed		Cigna CDHP 20/HSA	
0425 - Diocese of Long Island												
											Vision Benefits Administered by EyeMed	
Vision Benefits	Network	Out-of-Network	Network	Out-of-Network	Network	Out-of-Network	Network	Out-of-Network	Network	Out-of-Network	Network	Out-of-Network
Eye Examinations	\$0 copay	Plan pays up to \$30 for ophthalmologists or optometrists	\$0 copay	Plan pays up to \$30 for ophthalmologists or optometrists	\$0 copay		\$0 copay	Plan pays up to \$30 for ophthalmologists or optometrists	\$0 copay	Plan pays up to \$30 for ophthalmologists or optometrists	\$0 copay	Plan pays up to \$30 for ophthalmologists or optometrists
Lenses (eligible once every calendar year)	\$10 copay	Plan pays up to: \$32 for single vision \$46 for bifocal \$57 for trifocal	\$10 copay	Plan pays up to: \$32 for single vision \$46 for bifocal \$57 for trifocal	\$10 copay	<del></del>	\$10 copay	Plan pays up to: \$32 for single vision \$46 for bifocal \$57 for trifocal	\$10 copay	Plan pays up to: \$32 for single vision \$46 for bifocal \$57 for trifocal	\$10 copay	Plan pays up to: \$32 for single vision \$46 for bifocal \$57 for trifocal
Lens Options												
Standard progressive (add-on to bifocal)	Up to \$75 copay	Plan pays up to \$46	Up to \$75 copay	Plan pays up to \$46	Up to \$75 copay	Plan pays up to \$46	Up to \$75 copay	Plan pays up to \$46	Up to \$75 copay	Plan pays up to \$46	Up to \$75 copay	Plan pays up to \$46
UV Coating	Up to \$15 copay	You are responsible for the cost of any lens options that you elect from out-of-network providers,	Up to \$15 copay	You are responsible for the cost of any lens options that you elect from out-of-network providers,	Up to \$15 copay	You are responsible for the cost of any lens options that you elect from out-of-network providers,	Up to \$15 copay	You are responsible for the cost of any lens options that you elect from out-of-network providers,	Up to \$15 copay	You are responsible for the cost of any lens options that you elect from out-of-network providers,	Up to \$15 copay	You are responsible for the cost of any lens options that you elect from out-of-network providers,
Tint (solid and gradient)	Up to \$15 copay	-	Up to \$15 copay		Up to \$15 copay	-	Up to \$15 copay	-	Up to \$15 copay	┪	Up to \$15 copay	1
Standard Scratch Resistance	Up to \$15 copay	7	Up to \$15 copay		Up to \$15 copay		Up to \$15 copay		Up to \$15 copay	†	Up to \$15 copay	7
Standard Polycarbonate	\$0 copay		\$0 copay	1	\$0 copay	7	\$0 copay		\$0 copay	7	\$0 copay	1
Standard Anti-Reflective Coating	Up to \$45 copay	7	Up to \$45 copay		Up to \$45 copay		Up to \$45 copay		Up to \$45 copay	1	Up to \$45 copay	
Disposable	20% off retail price		20% off retail price		20% off retail price		20% off retail price		20% off retail price		20% off retail price	
	\$200 allowance, 20%	Plan pays up to \$47	\$200 allowance, 20%	Plan pays up to \$47	\$200 allowance, 20%	Plan pays up to \$47	\$200 allowance, 20%	Plan pays up to \$47	\$200 allowance, 20%	Plan pays up to \$47	\$200 allowance, 20%	Plan pays up to \$47
Frames (eligible once every	off balance		off balance		off balance		off balance		off balance		off balance	
calendar year)	over \$200		over \$200		over \$200		over \$200		over \$200		over \$200	
Contact Lenses (eligible once ever	v calendar vear)											
Conventional	\$200 allowance, 15% off balance	Plan pays up to \$100	\$200 allowance, 15% off balance	Plan pays up to \$100	\$200 allowance, 15% off balance	Plan pays up to \$100	\$200 allowance, 15% off balance	Plan pays up to \$100	\$200 allowance, 15% off balance	Plan pays up to \$100	\$200 allowance, 15% off balance	Plan pays up to \$100
	over \$200		over \$200		over \$200		over \$200		over \$200		over \$200	
Disposable	\$200 allowance, then you pay balance over \$200	Plan pays up to \$100	\$200 allowance, then you pay balance over \$200	Plan pays up to \$100	\$200 allowance, then you pay balance over \$200		\$200 allowance, then you pay balance over \$200	Plan pays up to \$100	\$200 allowance, then you pay balance over \$200	Plan pays up to \$100	\$200 allowance, then you pay balance over \$200	Plan pays up to \$100



	Delta Dental													
0425 - Diocese of Long Island		Premium PPO Plan			Comprehensive PPO Plan		Basic PPO Plan							
	PPO Network	Premier Network	Out-of-Network	PPO Network	Premier Network	Out-of-Network	PPO Network	Premier Network	Out-of-Network					
Annual Deductible	\$0 per person / \$0 per family	\$0 per person / \$0 per family	\$50 per person / \$150 per family	\$0 per person / \$0 per family	\$0 per person / \$0 per family	\$100 per person / \$300 per family	\$0 per person / \$0 per family	\$0 per person / \$0 per family	\$0 per person / \$0 per family					
Annual Benefit Maximum (Maxmium cross applies across networks)	\$3,00	0 \$2,500	\$2,000	\$2,50	90 \$2,000	\$1,500	\$2,00	\$1,50	\$1,000					
Diagnostic and Preventive Services (e.g., exams, cleanings, x-rays, sealants and space maintainers)		You pay \$0 (not subject to annual deductib	ie)		You pay \$0 (not subject to annual ded	uctible)		You pay \$0 (not subject to annual dec	luctible)					
Basic Services (Includes fillings, simple extractions, root canals, oral surgery, and denture reline/repair/rebase)	You pay 15% coinsurance	You pay 15% coinsurance	You pay 25% coinsurance	You pay 15% coinsurance	You pay 15% coinsurance	You pay 25% coinsurance	You pay 20% coinsurance	You pay 20% coinsurance	You pay 30% coinsurance					
Major Services (Includes crowns, bridges, and dentures)	You pay 15% coinsurance	You pay 15% coinsurance	You pay 25% coinsurance	You pay 50% coinsurance	You pay 50% coinsurance	You pay 60% coinsurance	You pay 60% coinsurance	You pay 60% coinsurance	You pay 99% coinsurance					
Orthodontic Services	You pay 50% coinsurance up to individual lifetime benefit limit of \$2,000	You pay 50% coinsurance up to individual lifetime benefit limit of \$2,000		You pay 50% coinsurance up to individual lifetime benefit limit of \$1,500	You pay 50% coinsurance up to individual lifetime benefit limit of \$1,500	You pay 60% coinsurance up to individual lifetime benefit limit of \$1,000 after \$100 lifetime deductible	Not covered. You pay 100%.	Not covered. You pay 100%.	Not covered. You pay 100%.					

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